

Note: These are personal notes made from Master Kumar's speech recording, translated from Telugu. Does not reflect Master's words in entirely. Please use for reference only. Not for publication.

**“Class giving instructions for Children & Youth” on 02nd
October,2011 at WTT Retreat Centre, Vizag.**

- Master K. Parvathi Kumar

The Correspondences of five (5):

Table	1	2	3	4	5
Elements	Akasa/Space	Air	Fire	Water	Earth/Matter
Sensations	Sound (Hearing)	Touch	Sight	Taste	Smell
Sense Organs	Ear	Skin	Eye	Tongue	Nose
Organs of Action	Speech	Hands	Legs	Urethra (Urinary track)	Excretory organ

- Any smell is due to the presence of matter. Every matter has some smell and it can be smelled with our nose.
- Taste is due to water (liquid). If our tongue becomes dry without any liquid on it, then it cannot taste anything. All tastes seem to be the same.
- There is correspondence between fire (light), sight and eye.
- There is correspondence between Air, touch and skin.
- Similarly there is correspondence between Space, sound and ear.

The correspondence between the first 3 sets of 5s is generally known to all. The correspondence between these 3 and the 4th set is not known to many.

- Due to space, the person hears the sound with his ear and then speaks. So there is correspondence between space and speech and hence proper speech is highly important.
- Though the skin is responsible for knowledge of touch, we generally touch and recognize objects with our hands. So there is correspondence between air and hands.
- There is a link between eyes and legs because we walk with our legs by seeing with our eyes. Without eyes, we cannot walk on our own. So fire, sight, eyes and legs come under one category.

All the above 4 sets are linked linearly and vertically. Set of 5 elements, 5 sensations, 5 sense organs, 5 operative organs are linked linearly. The correspondences that we discussed are the vertical links. So we have a table with 20 items and each one to link to the other. Disturbance in any one of them can cause disturbances in the others. This is all about our body and all of you should know the table by heart.

Even the 5 pranas can be linked with the 20 in the above table as follows. In the previous classes I gave the horizontal link. Today I am giving the vertical link.

Table	1	2	3	4	5
Elements	Akasa/Space	Air	Fire	Water	Earth/Matter
Sensations	Sound (Hearing)	Touch	Sight	Taste	Smell
Sense Organs	Ear	Skin	Eye	Tongue	Nose
Organs of Action	Speech	Hands	Legs	Urethra (Urinary track)	Excretory organ
Pranas	Vyana	Prana	Samana	Udana	Apana

Now coming to the manager of all the sets of 5s, it is called 'Mind'. He is just the manager but not the managing director. There is an Advisor to this manager called 'Buddhi'. Managing director is the 'Being' himself. The owner of all this is called 'Lord' in us. So this is a hierarchy.



So the Lord is the one who creates everything and manages everything. The Lord himself comes down in 4 states as above. These 4 states are common to all. That is what we mean by "All are one." All the 25 items discussed above are also present in all.

If the basic arrangement in all the beings is the same, why do people behave differently, speak differently and think differently? This difference is due to the mind and only up to the mind. There will be no differences if you go beyond the mind.

The knower is one who knows to manage all these with his mind. The process of training the mind to manage the 25 items properly is called Education. If properly trained, one can have great subtle experiences.

What we see or hear or feel or taste or smell is only 50%. You can have complete experience only by proper training. The education in schools does not tell you all this and is incomplete. You gain extra-sensory perception only by training your mind in complete. Otherwise you cannot sense the subtle and invisible things though they are present around you. That is possible by starting with the basic understanding of that which is present in us and its working.

So, all of you should develop a comprehensive understanding of the table that I gave today. It should not just be mugged up. You should spare some time to think about them and only then you will have an understanding of your body in complete.

If you observe carefully, all the sense organs are present in our head. Except touch, all other senses are present only in our head. Even the Mind, the Buddhi, the being and the Lord are present in the head. So our head is very important and hence should be kept clean. That is why it is said “Head in Divine”. That Divinity can reflect on our face if we keep smiling. It should not be laughter but just a smile. This smile automatically comes to us if we have knowledge of our self and it is put into action. Try to contemplate on what we discussed today.

In the next class, I will tell you how to train your mind to act properly in relation with all the organs. You should also keep checking how your mind is working.

Keep recollecting all that we have discussed in these 4 classes. There will be no class in the next few weeks. You should keep revising everything until the next class, otherwise the link is lost and you won't understand what I tell in the next class.

If you follow all that I tell you properly, you will succeed in every walk of your life anywhere you go. So learn properly and act accordingly.

-Swasthi